

Contraception - worksheet

Types of contraception: how many can you name?

Key facts about contraception methods:

Type of contraception	Key facts

Information about emergency contraception:

Type of emergency contraception	How effective?	How can it be accessed?

Final quiz – true or false:

1

Condoms are the most effective form of contraception.



2

Contraception can be accessed online, via a pharmacy or your GP/sexual health clinic.



3

Your periods might get lighter if you use the combined contraceptive pill.



4

Long-acting reversible contraceptive methods include the implant, the hormonal coil and the non-hormonal coil.



5

You need to remember daily to use long-acting reversible contraception.



6

Condoms will protect from sexually transmitted infections as well as providing contraception.

